

**PRAYERS FOR AFTER RECEIVING THE RISEN JESUS
IN THE SACRAMENT OF HIS PRECIOUS BODY**

O my God, Trinity whom I adore, help me to forget myself entirely so to establish myself in you, unmovable and peaceful as if my soul were already in eternity. May nothing be able to trouble my peace or make me leave you, O unchanging God, but may each minute bring me more deeply into your mystery! Grant my soul peace. Make it your heaven, your beloved dwelling, and the place of your rest. May I never abandon you there, but may I be there, whole and entire, completely vigilant in faith, entirely adoring, and wholly given over to your creative action.

Saint Elizabeth of the Trinity

God has created me to do Him some definite service; He has committed some work to me which He has not committed to another. I have my mission – I may never know it in this life but I shall be told it in the next. I am a link in a chain, a bond of connection between persons. He has not created me for naught. I shall do good, I shall do His work. I shall be an angel of peace, a preacher of truth in my own place while not intending it if I do but keep His commandments. Therefore I will trust Him. Whatever I am, I can never be thrown away. If I am in sickness, my sickness may serve Him; my perplexity may serve Him. If I am in sorrow, my sorrow may serve Him. He does nothing in vain. He knows what He is about.

Saint Cardinal John Henry Newman

Let us sing a new song not with our lips but with our lives. You must sing to the Lord, but you must sing well...Do not search for words, as if you could find a lyric which would give God pleasure. Sing to God with 'songs of joy.' Your heart must rejoice beyond words, soaring into an immensity of gladness. Sing to God with songs of joy.

Saint Augustine

My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this, you will lead me by the right road though I may know nothing about it. Therefore will I trust you always though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone.

Father Thomas Merton, OCSO

Take, O Lord, and receive all my liberty, my memory, my understanding, and my entire will. Whatever I have or hold, you have given me; I restore it all to you and surrender it wholly to be governed by your will. Give me only your love and your grace, and I am rich enough and ask for nothing more.

Saint Ignatius of Loyola